



Regional Advisory Update Regarding COVID – 19

Re: COVID-19

Distribution: All Mountain Lakes REMAC Physicians and EMS Providers

Date: April 20, 2020

This advisory was written today in collaboration with the REMO physicians and with the knowledge and consent of the NYS DOH.

On April 17, 2020, the NYS DOH Bureau of EMS and Trauma Systems released a guidance document titled “Cardiac Arrest Standard of Care during the COVID-19 Pandemic” with instructions for immediate implementation.

This guideline is for use only during a Public Health Emergency. There is no current EMS Public Health Emergency in the Mountain Lakes Region. The implementation of the “Cardiac Arrest Standard of Care during the COVID-19 Pandemic” and pertinent parts of the Mountain Lakes April 18 Advisory **are therefore suspended**. The guideline will be activated by the current REMAC chair and the REMAC, only in cases when an EMS Public Health Emergency is declared in consultation with EMS Agencies, Medical Directors and Local Hospitals.

The General Cardiac Arrest and rhythm specific cardiac arrest protocols in the Collaborative Protocols should be followed. Please remember, provider discretion based on the scene and clinical circumstances always supersede a specific protocol. You should always call a medical control physician with any questions regarding care of a specific patient, and you should always use your best clinical judgement.

You should continue to follow the Mountain Lakes Advisory from April 1, 2020. Adult cardiac arrest patients should NOT be transported with CPR in progress. Every patient requiring an advanced airway should have a viral filter placed if available. NO providers should be engaged assisting with a cardiac arrest resuscitation unless equipped with PPE including eye protection, N-95 mask, gloves and a gown. Supraglottic airways with viral filters continue to be standard of care for cardiac arrest management during the COVID pandemic.

I’ll look forward to seeing everyone who is available at 18:15 tomorrow.

As always, thank you for being the smart, heroic, compassionate providers that you are.

Be safe.

Tiff

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